

VINAYAKA MISSION'S RESEARCH FOUNDATION, SALEM

B.P.Ed. DEGREE EXAMINATION – November 2018
Fourth Semester

SPORTS PSYCHOLOGY AND SOCIOLOGY

Time: Three hours

Maximum: 75 marks

PART – A (10 x 2 = 20 marks)Answer any **TEN** questions. All questions carry equal marks.

1. Define motor perception.
2. What is sports psychology?
3. What is achievement motivation?
4. Define personality.
5. Define aggression.
6. What is self- concept?
7. List any four individual sports.
8. Define spectators.
9. What is group dynamics?
10. List any two Indian women medalists in Commonwealth Games.
11. What is gender inequality?
12. What is intrinsic motivation?

PART – B (5 x 5 = 25 marks)Answer any **FIVE** questions. All questions carry equal marks.

13. Briefly describe the basic considerations in motor learning.
14. Discuss the various types of personality.
15. Briefly explain the various causes of competitive anxiety.
16. Explain the advantages of fans and spectators on sports performance.
17. Discuss the effect of aggression on sports performance.
18. Elucidate the participation pattern of women in sports.
19. Discuss gender inequalities in sports.
20. Describe the perceptual mechanism.

PART – C (3 x 10 = 30 marks)Answer any **THREE** questions. All questions carry equal marks.

21. Discuss the need and importance of sports psychology.
22. Explain the effects of personality on sports performance.
23. Explain the causes of stress and their impact on sports performance.
24. National Integration through Sports- Explain in detail.
25. Define group. Write short notes on (i) group cohesion and (ii) group interaction.
